

Velcro or Press studs are more comfortable

Sew a buttonhole on one wing (rather close to edge of wing), and cut open the buttonhole.



Sew a flat pretty button on right side (= side of pad without apparent zigzag stitch) of opposite wing.



Here is what your pad should look like when closed.... and open. Congrats, you're all done !!!:-D

You may now wash your pad before first use if fabric wasn't washed before.

When using your pads, make sure that the "zigzag" side is in contact with your underwear. This "wrong side" is waterproof and without any absorbent material so it wouldn't work with this side up !

The absorbent side is the nicer looking side, without the zigzag stitch. :-)